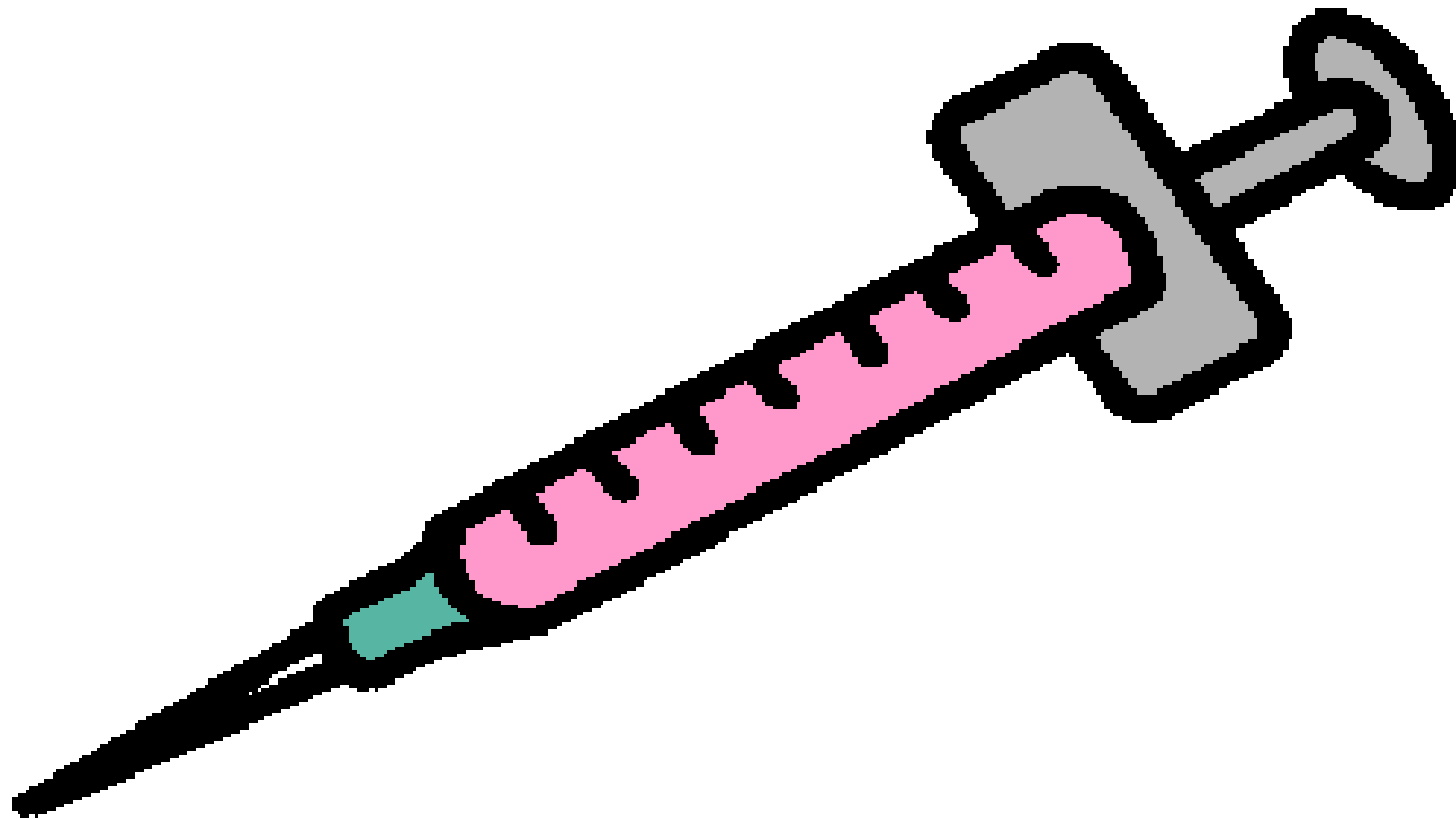
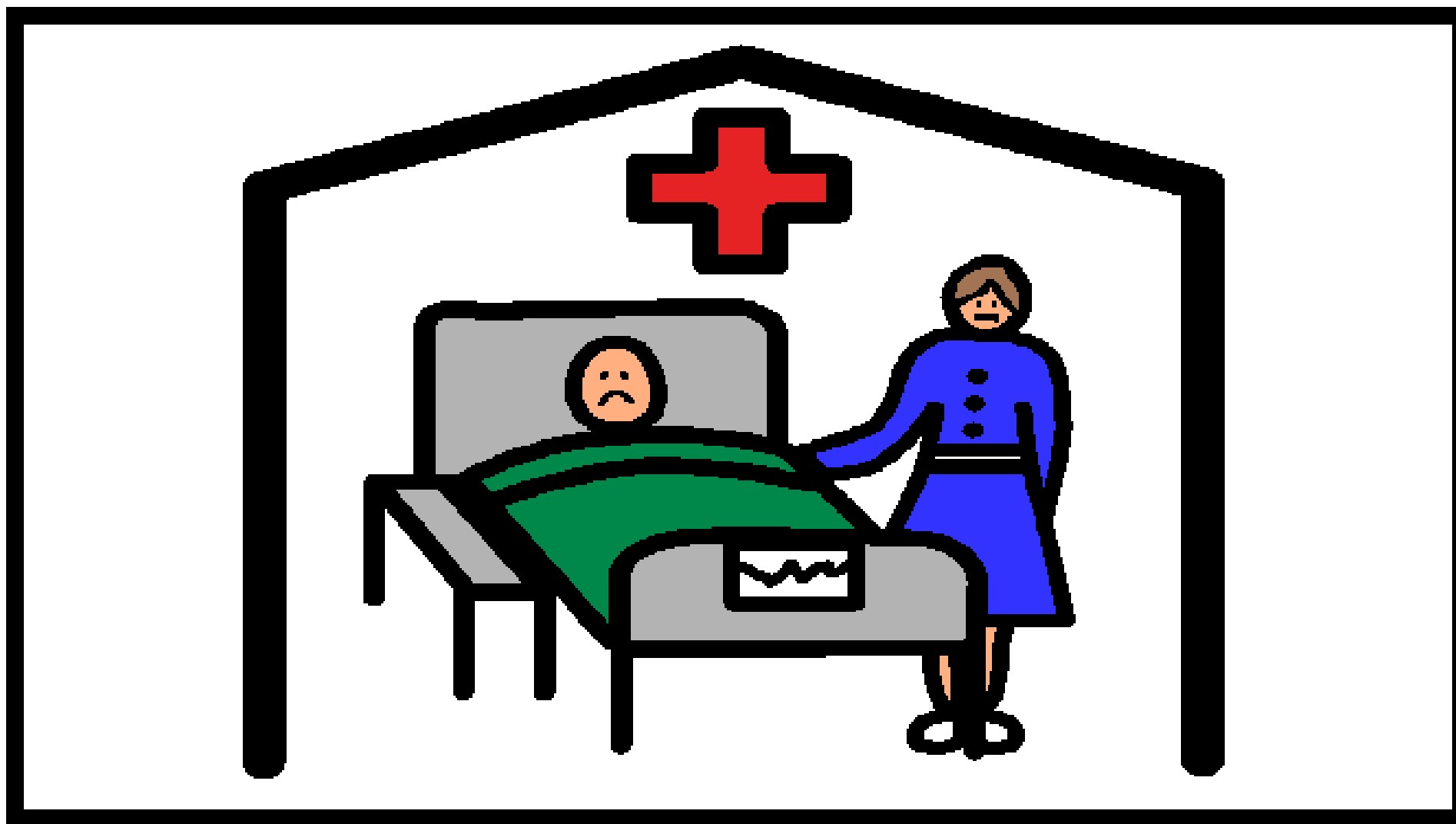


A story about having injections in school

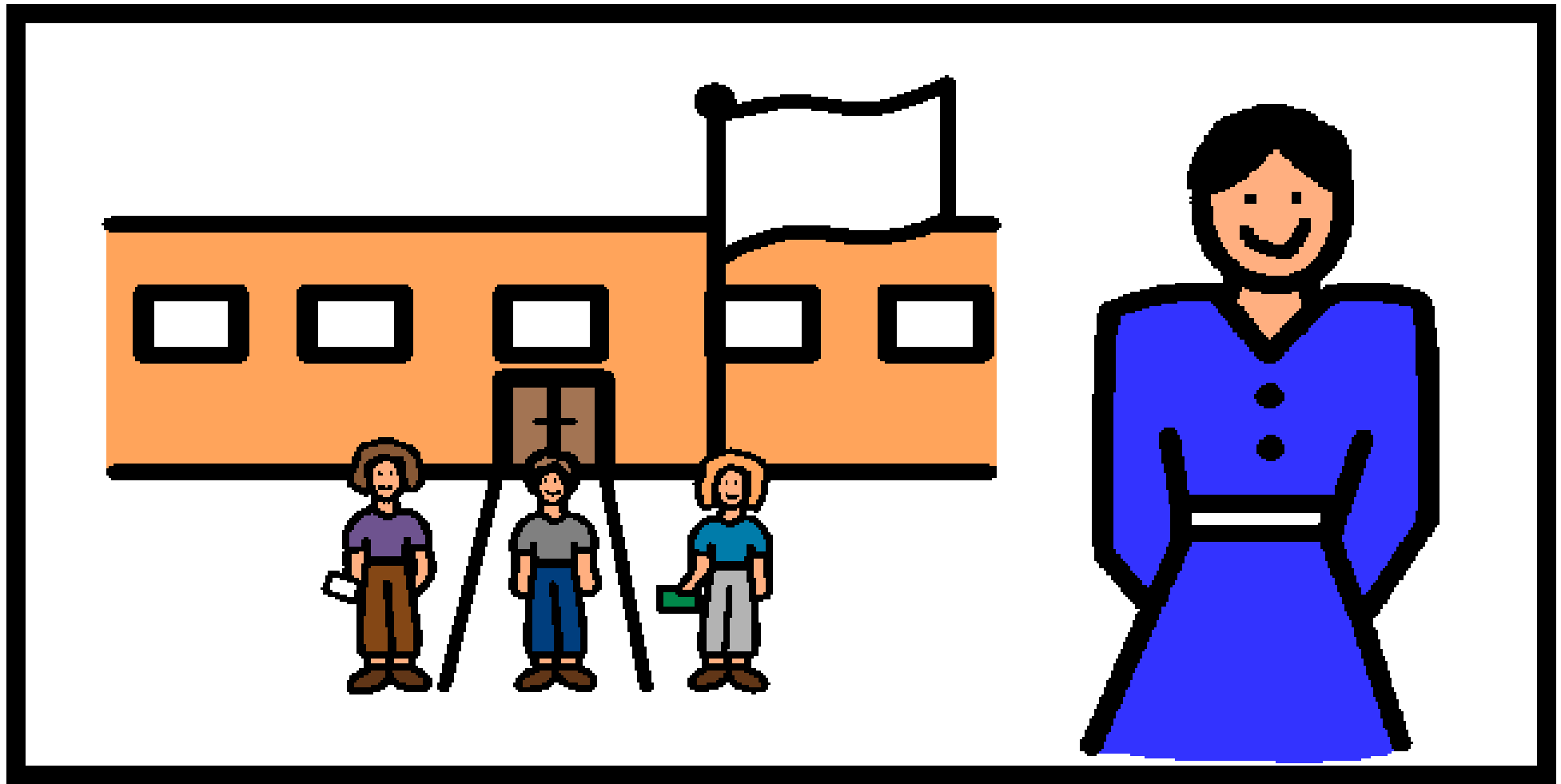




Sometimes we need to have injections.



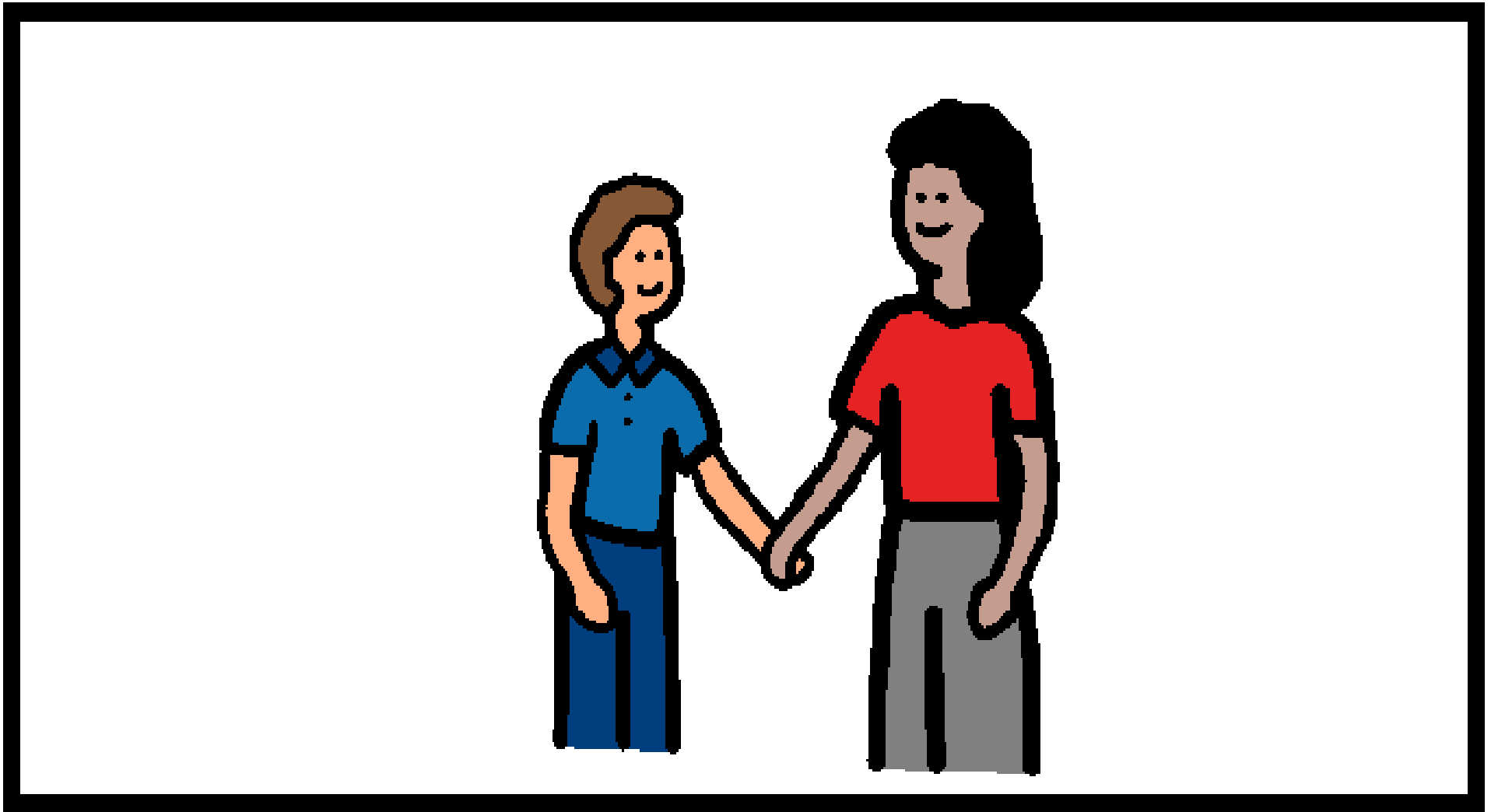
Injections can help to stop us getting really poorly.



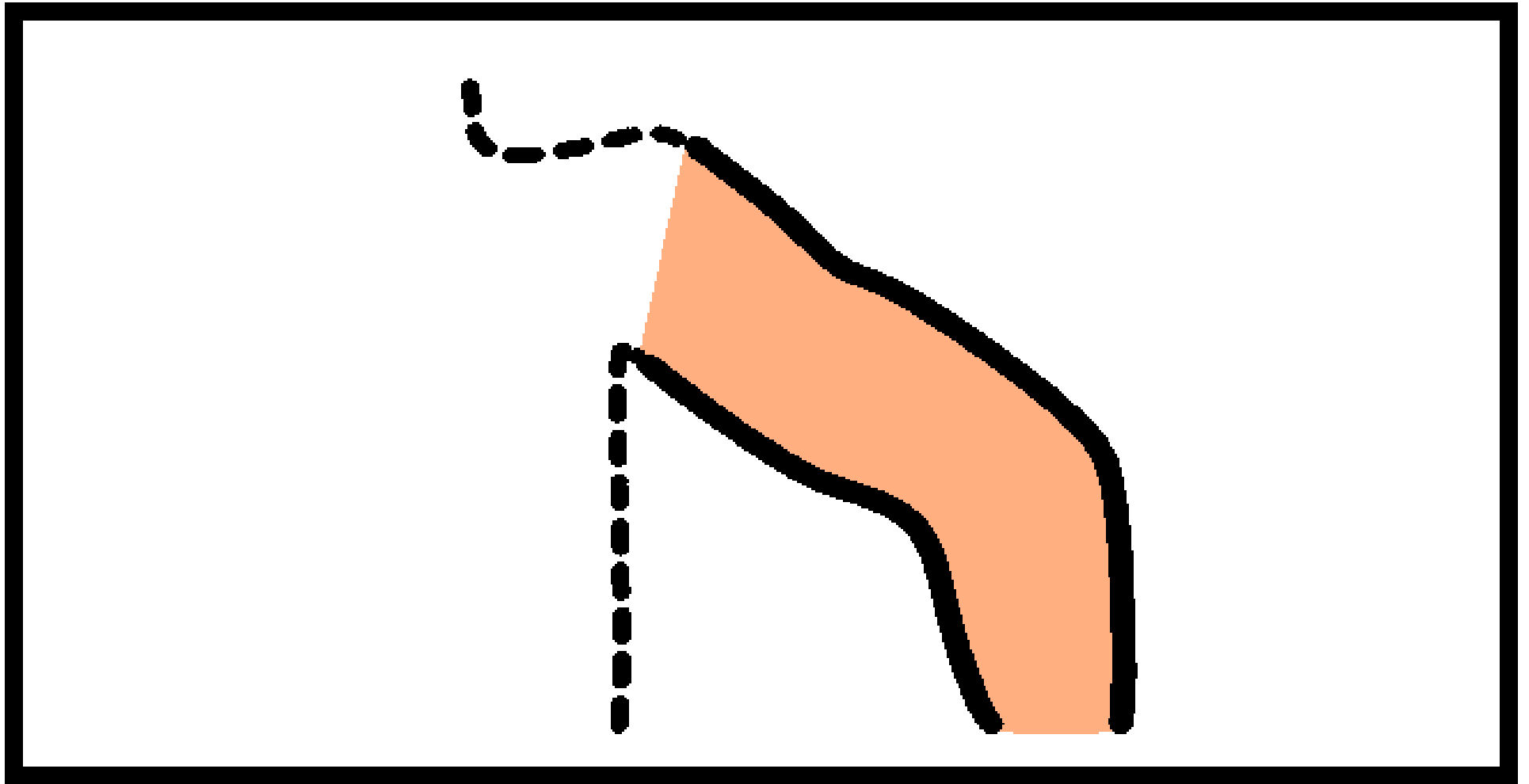
We can have some injections in school.

Nurses do these. They know how to do it.

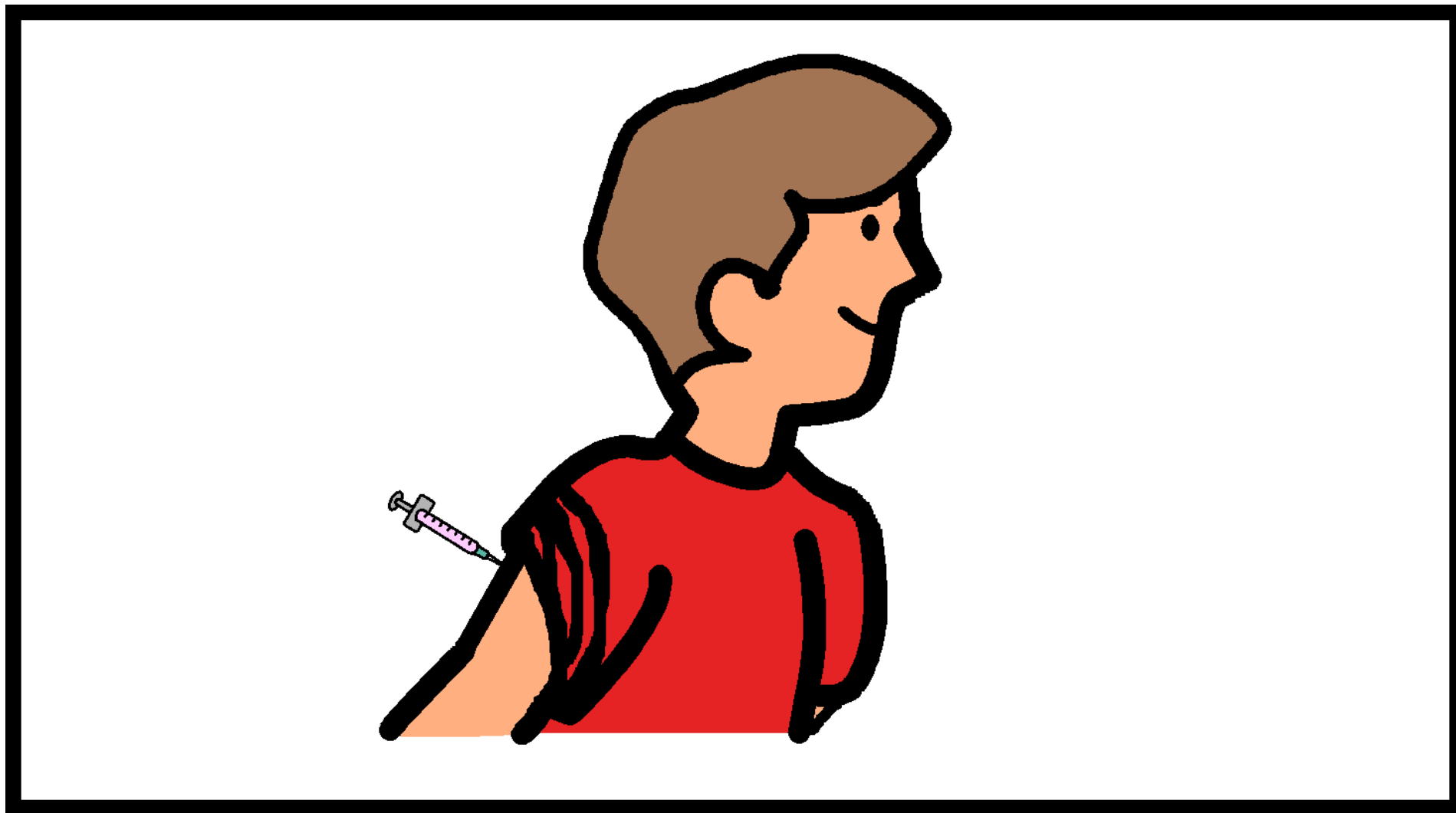
Injections are quick and take just a few seconds to do.



**When it is time for my injection
I will be taken to the room by an adult.**



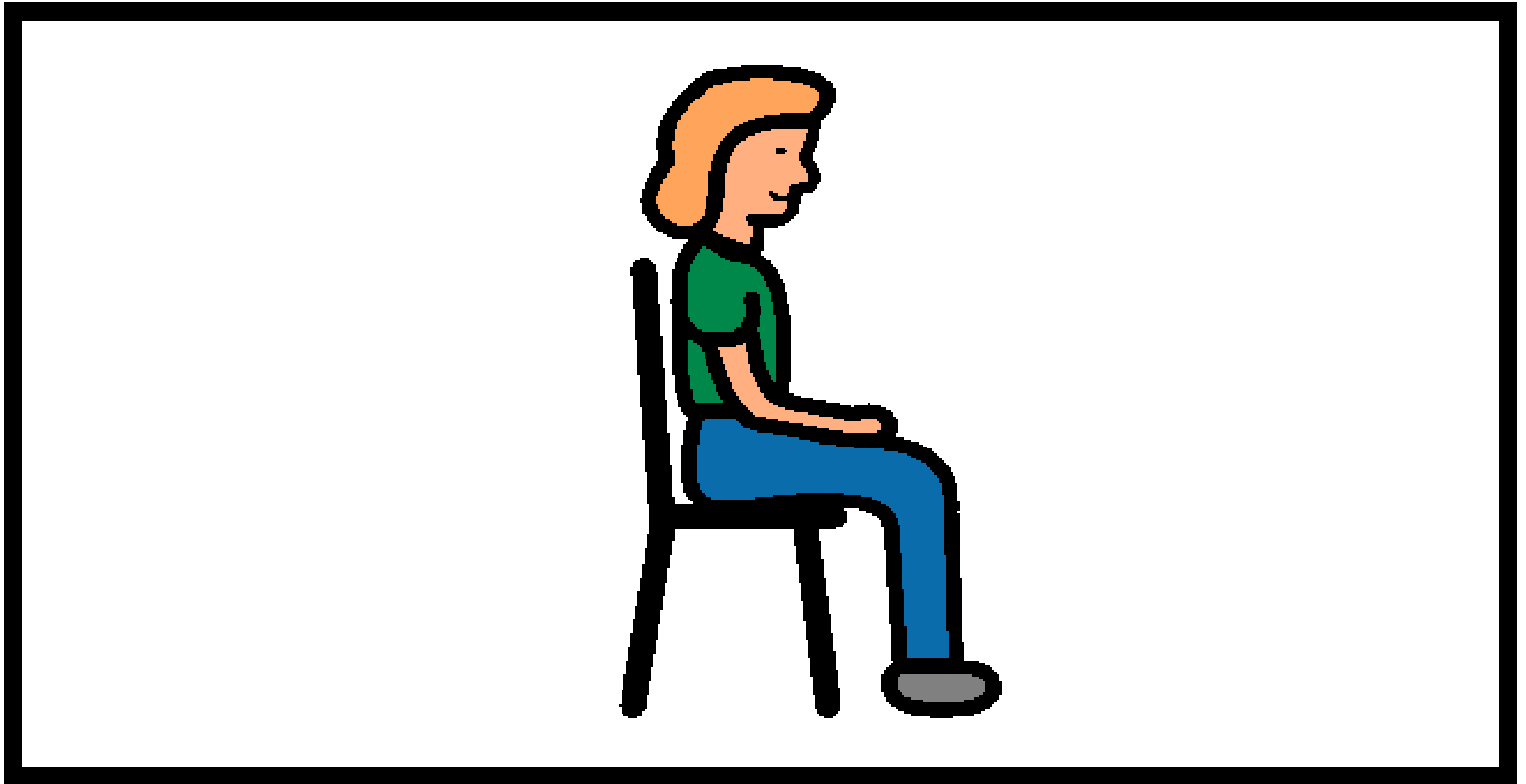
**The injection goes in the top part of my arm.
My sleeve will be rolled up so the Nurse can see.**



The Nurse will give me my injection.

I will try to look away.

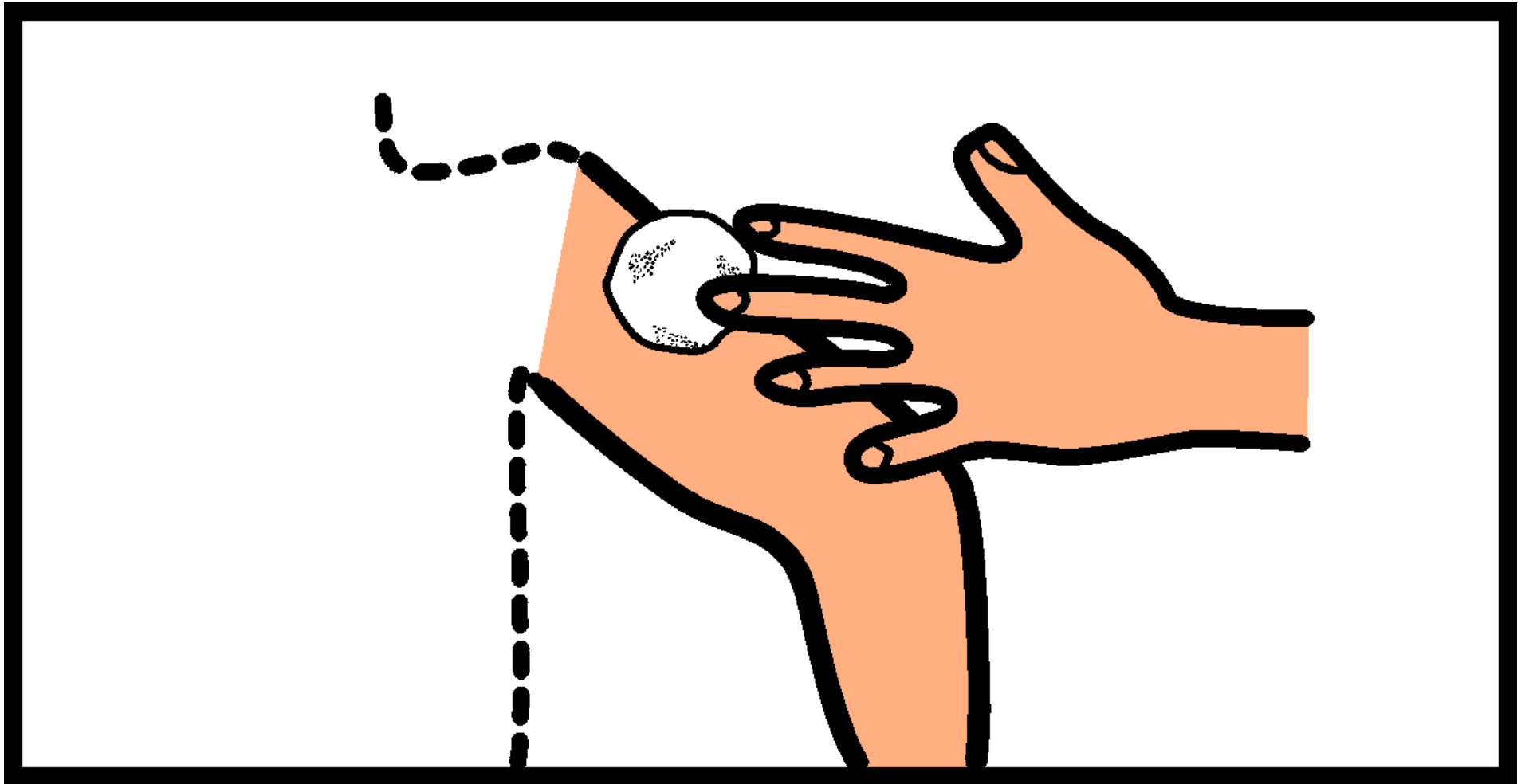
I will try not to look at the needle.



The injection might pinch.

If I sit still, the injection won't pinch as much.

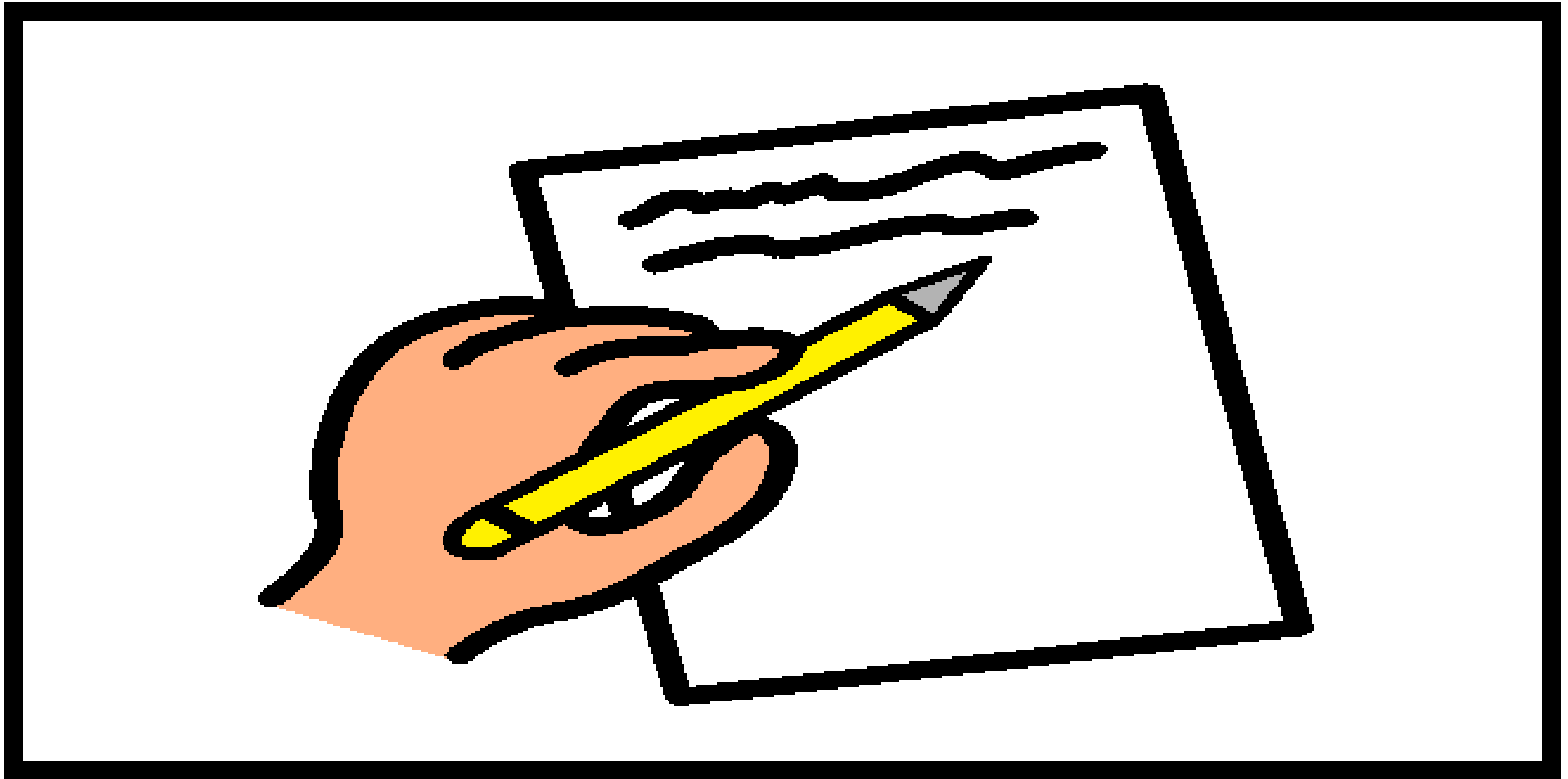
I will try to sit still. The Nurse will be pleased if I sit still.



The Nurse will hold a cotton wool ball on my arm.

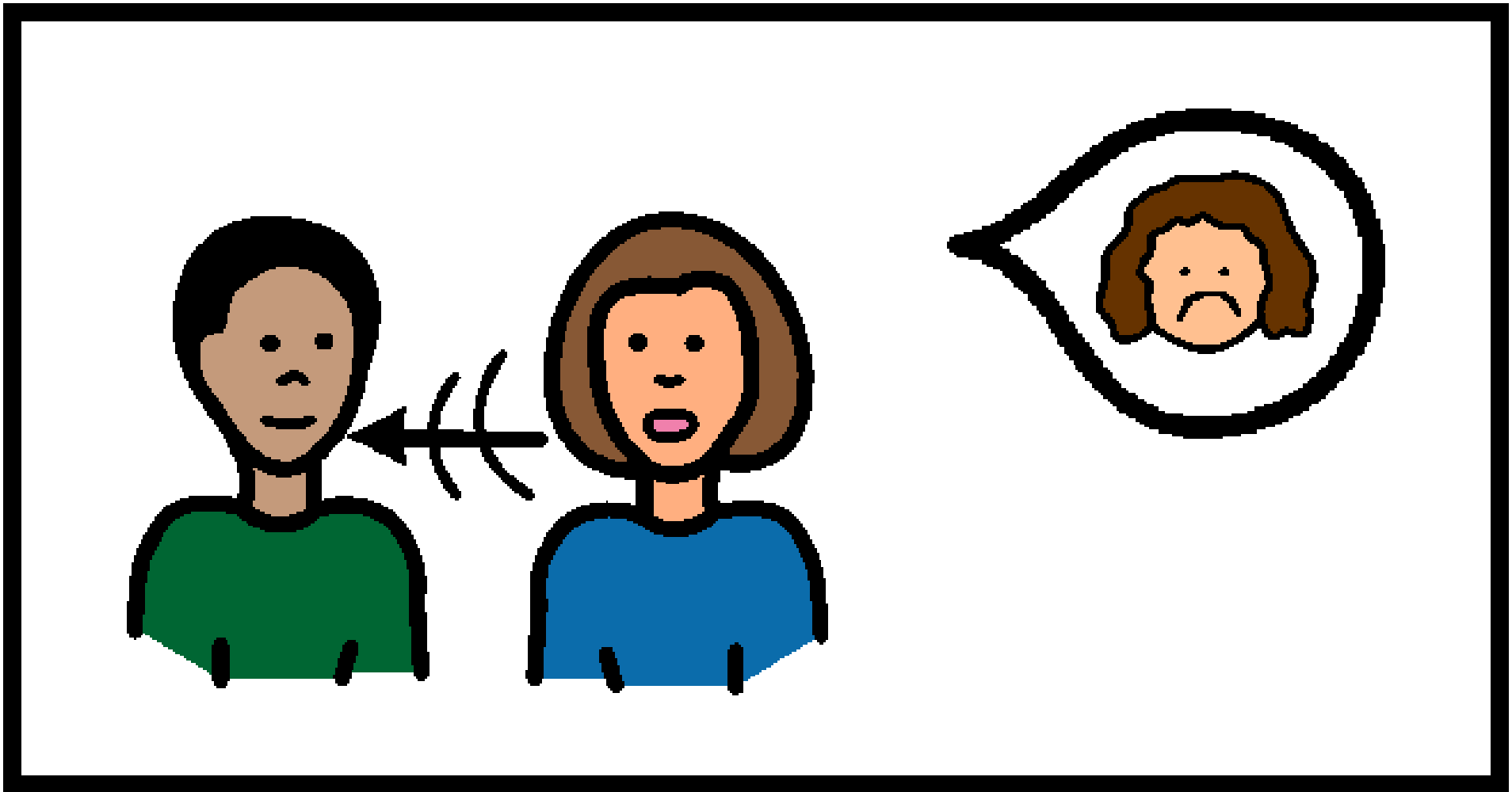
I can do this myself if I want.

I will try to give the cotton wool to the helper when she asks.



The Nurse will need to do some writing.

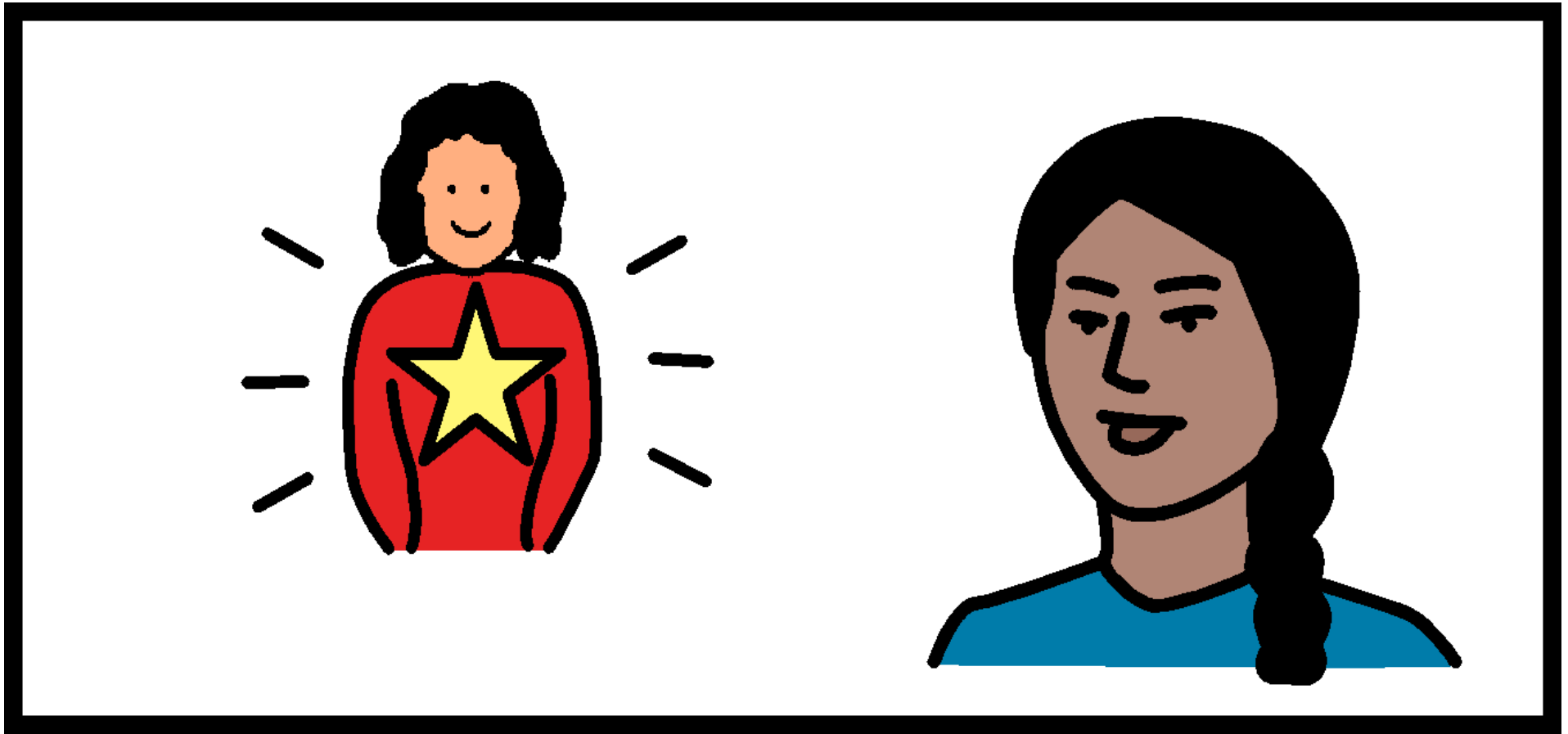
When she is finished, I can go back to class.



Some people feel strange after an injection.

Their arm may ache or they may get a rash.

If I feel like this I must tell a grown-up straight away.

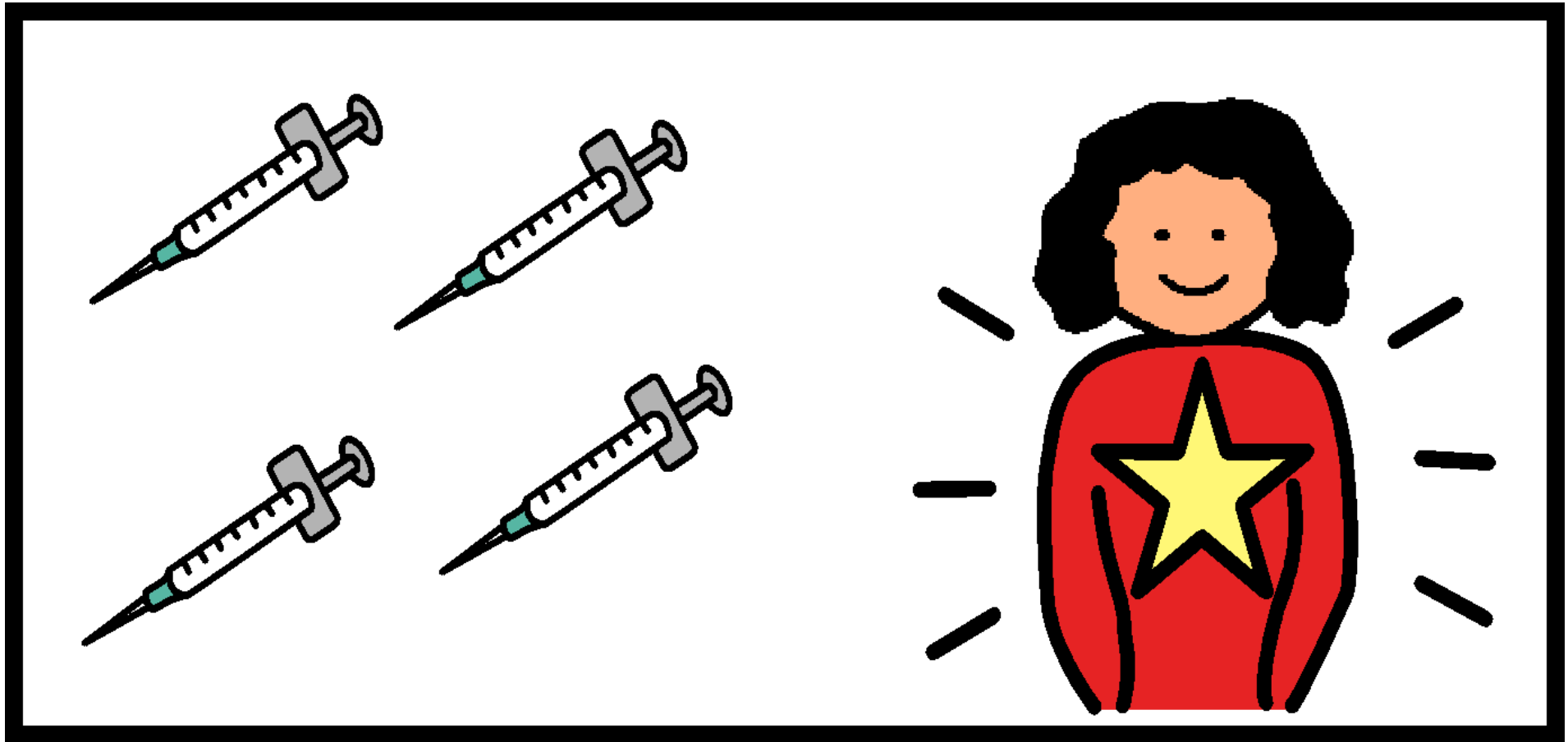


Having injections is very clever.

I will be given a sticker for being good.

My mum will see the sticker and know I've had my injection.

My mum will be pleased that I've had my injection.



A nurse may give me other injections in the future.

It may not be the same person.

Having injections is ok. I will try not to worry.