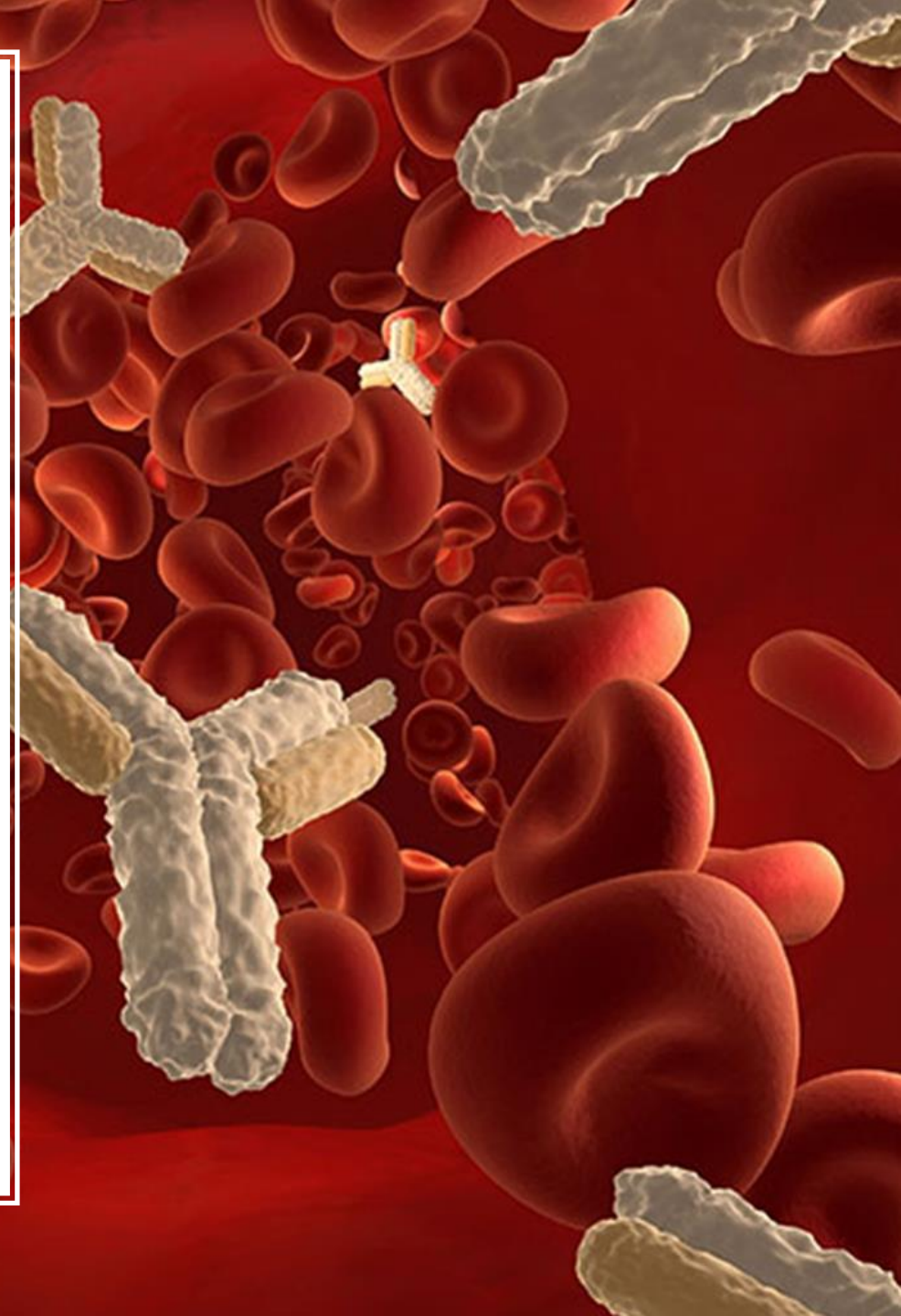


# Teenage Booster Vaccines (Diphtheria, Tetanus and Polio & Meningococcal ACWY)

**What you need to know**

# How do vaccines work?

- **Vaccines help to protect against many diseases. They are very safe and effective.**
- **Vaccines contain antibodies that fight against specific diseases.**
- **Once you have had a vaccine, your immune system will create antibodies that will fight against the disease you were vaccinated against.**



The teenage booster vaccines consist of two vaccines which include:

- Meningococcal ACWY Vaccine
- Diphtheria, Tetanus and Polio Vaccine

You will have two injections on the day - one in each upper arm (in the **deltoid muscle**) or 2.5cm apart in the same arm





- Meningitis is an infection of the protective membranes that surround the brain and spinal cord (meninges) causing dangerous swelling. This can also lead to Septicemia (SEPSIS) which is when bacteria enters the blood stream and causes blood poisoning.

- It can result in permanent damage to the brain or nerves. It can affect anyone, but is most common in babies, young children, teenagers and young adults.

## SIGNS AND SYMPTOMS OF **MENINGITIS**



**FEVER**



**VOMITING**



**HEADACHE**



**SLEEPY**



**RASH**



**DISLIKE  
LIGHTS**



**CONFUSION**



**SEIZURES**



The DTP vaccine protects you against Diphtheria, Tetanus and Polio which are diseases that can affect the nervous system. In severe cases, these diseases can kill.

You should have at least 5 doses of DTP in a life time:

- 3 doses as a baby
- A 4th dose before starting primary school (pre school booster)
- A final 5<sup>th</sup> dose when you are in year 9 (teenage booster)



## What happens on the day of your vaccine?

- You will go to a member of the admin team who will check you in using a list and guide you towards a nurse.
- The nurse will explain what vaccines you are having
- They will then ask questions related to your health
- The vaccine will be given
- You will be given a record card with details of your vaccine please take this home and show it to you grown ups.



# What happens on the day of your vaccine?

- Please make sure you have had your breakfast and plenty to drink before your vaccines
- Please wear loose fitting / short-sleeved school shirt, or T-shirt under your shirt, to enable easy access to the top of your arm.
- Stay hydrated throughout the day after your vaccines
- Your arm may ache after the vaccines, keep it moving as normal. Your parent/carer may also give you some pain relief when you get home



Any  
Questions?

